

KENT CITY HIGH SCHOOL MARCHING BAND

JONATHAN SCHNICKE, DIRECTOR
WWW.KENTCITYBANDS.COM



Dear 2018 Band Members and Families,

We are in the final stages of completing the exciting plans for the **2018 Kent City Marching Eagles Band Camp** at home (Kent City High School). We hope you are looking forward to this week of work, study, and fun. The purpose of this camp is to give our Marching Eagles a head start on learning and memorizing our 2018 competitive marching show. Band Camp is a vital part of the fall competitive preparation. It is a phenomenal way to build relationships as well as learn music and drill for the show. Students that don't attend camp are allowed to be in the band, but they are not guaranteed a performing spot on the field.

WHAT IS MARCHING BAND?

Marching band is an extension of our classroom. It marries the audio qualities of music making with the visual artistry of creating drill on the football field. This is accentuated by the usage of color guard and dance elements for the entire ensemble. Come to band camp with an open mind and ready to stretch yourself to do things you never dreamed possible. Remember - you will achieve what you put into the product. Go full in - you won't be sorry.

WHAT IS BAND CAMP?

An intensive week of musical, visual and social preparations for the upcoming marching season. During the week, we will have our staff in place to help with delivering information in a focused environment.

MANDATORY - PARENT INFORMATION MEETING:

Tuesday, July 10 at Kent City High School Auditorium, 8:00-9:00 p.m.

CAMP DATES:

Leadership Summit - July 11- 1-5pm
Winds Pre-Camp - July 10-12 -6-9pm
Band Camp - Sunday July 15- Friday, July 20, 2018

ATTENDANCE EACH DAY:

It is very important that students attend EVERY day of band camp. We can only grow if the students that we are counting on attend each day. On day 2 or 3, you might start feeling sore and might find it difficult to be motivated to attend camp. Attend anyways. Persevere. Push Through. Once you get over the "hump" you will make it happen and it will be a very successful camp.

Keep informed- on Facebook Parents - @kentcitymusicboosters Students - @kentcityhsbands,
on Instagram- @kentcitybands, Online - www.kentcitybands.com; via text/email updates - Remind.com;
Student accounts, Calendar, and email - Charms Office

For information on these and how to get them go to KentCityBands.com for directions

PERFORMANCE:

We will NOT be doing a parent performance on Friday due to the 7 on 7 tournament at KC. We WILL be doing a community performance at the end of our Band Camp Revisited Rehearsal on August 25. Details to be released closer to the event.

DROP OFF & PICK UP:

Drop Off: We will unlock/prop open the north doors of the school by the online lab/trainers office. We will be blocking the drive going back to the football stadium. Doors will be open each day at 7am.

Pick Up: We ask that parents park on the north side of the building at the end of the day. We will be dismissing from the field at or around 9pm each night. It will take us around 10-15 minutes each night to tear down/move back from the field.

PARKING LOT REHEARSAL CONSIDERATIONS:

We will march on both grass and parking lots at camp. Our main rehearsal field is the parking lot behind the stadium. Here are some things to survive marching on the lot:

Shoes - DO NOT USE NEW SHOES ON THE LOT. The lot will chew up your shoes throughout the season. Plan on one pair of shoes that you try to make last for the season. They will most likely be destroyed by the end of the season.

Chalk - To mark your spots on the lot, standard or spray

Knee Pads - We do a LOT of body-work and will be up and down on the pavement. You may find it helpful to acquire a set of knee pads for when we work on these visuals.

Towel - When setting your instrument down, to prevent damage, you may want to have a small towel to set your instrument down on the pavement (tubas and trombones and tenor/bari sax will need a larger towel).

Pop Up Tent - Sections may wish to bring a tent to line the sideline underneath the stadium tower for shelter from the sun throughout the rehearsal. This isn't mandatory, but could be very useful. Larger sections may need 2-3. Percussion could use 1 for battery and 3-4 for front ensemble.

PARKING:

All students, staff, chaperones and parents should park on the north side of the school.

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BAND CAMP REHEARSALS:

Kent City Band Camp is a closed sideline rehearsal for band camp. This means that we don't want guests at rehearsals distracting throughout the day. If you arrive early and wish to watch rehearsal, I ask that you watch from the back sideline and don't do things to distract from the rehearsal. The last hour of practice can be the most productive of the day.

VOLUNTEERING AT CAMP:

We will need some volunteers for camp. Chaperone opportunities will be posted on Facebook once established.

STAFF:

Band Camp is staffed by the Kent City Bands. Camp staff is hired by the school and are considered Kent City Schools employees and include: Jason Rees, Cathy Schnicke, Megan Funk, Jonathan Schnicke, Troy Anderson, Warren Yaw, Megan Anderson, Bobby Hazelton, Samantha Sugarbaker and Rachel Gubala. Others to be determined.

ZONES:

We will be assigning "zones" for students to have a home base throughout camp. At the end of camp, these areas will need to be vacuumed and put back in order.

TERMS:

Band Room - HS Band Room

Aud - Auditorium

Gym - HS Gym

WR - Wrestling Room

The Lot - The Parking lot behind the stadium

Band Field - The grass field between the soccer practice field and the discuss pit.

MEALS:

All meals beginning with breakfast on July 16 and ending with lunch on July 20 are included in each student's band camp payment. **ALL meals are REQUIRED.** No backpacks/water jugs in cafeteria. *Students MUST have breakfast each day.*

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MEDICAL AND PERMISSION FORMS:

All permission forms & emergency medical forms are due **at the July 10 meeting**. (You may find the forms online at www.kentcitybands.com or you may fill them out when you arrive to the meeting.) Please provide the most complete and up-to-date information possible. Please inform us if there is anything about your child's medical history we should know. Make sure that all forms are completed and signed with both parent and student signatures. **ALL FORMS ARE REQUIRED!**

One of our chaperones will also be serving as “camp nurse” to make sure students are tending to their own specific needs.

PAYMENT:

Payment is due by July 10th unless other arrangements have been made. All 8th-11th grade is \$330. If a student hasn't marched before, they will need to purchase marching shoes (\$25-35). 12th grade is \$295.

ATHLETIC TRAINER:

Chloe will be on campus a couple times during break to assist with any sports related injuries.

SEASON APPAREL:

We will have 2 apparel orders. Order one is specifically for band camp/summer attire. The second order will take place once the school year begins and will be field show apparel.

PICTURES:

We will be once again taking professional photos in uniform this fall. Information will be sent home once available.

SCHEDULE:

Attendance to rehearsals/sectionals/performances are part of your child's grade. It is important that students attend these. August is a VERY important rehearsal month. Plan accordingly.

We do our best to keep the schedule updated on Charms (kentcitybands.com)

Schedule is available online at www.kentcitybands.com. (Click on the calendar tab).

Schedule will be updated throughout the summer/fall.

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COMMUNICATION:

***New for 2018- For questions on times and general information about events, etc. please email the booster secretary Andrea DeGraaf- andrea@kentcitybands.com. If information beyond that, please reach out to Assistant Director - Mrs. Funk - megan.garvin@kentcityschools.org. Starting June of 2018, please do NOT contact Directors via Facebook Messenger. Messenger is a great tool but it is not an appropriate way to reach out for information from directors. Also, emails will be returned within 24-48 hours. Email is the preferred method of communication due to having two offices and two separate voicemails.

WHAT TO BRING TO BAND CAMP 2018

- Instrument, in good working order (Have your instrument inspected before band camp). Meyer Music, Marshall Music or West Michigan Band will take care of it.
- Lanyard or long shoe lace to hold drill cards.
- Sling/reg. back pack and/or fanny pack for belongings to the field (cellphone, drill cards, chalk, reeds, etc)
- **3 Ring Binder with 8-10 sheet protectors. These are a requirement. Also a rope to hang it from shoulder. This will fit nicely in sling backpack to and from the field.**
- Sidewalk Chalk (standard or spray) Also a lanyard/shoe string for them as well as your drill cards.
- Instrument extras: valve oil, slide oil, cork grease, extra reeds, extra drumsticks & tape, pencils, rubber bands, etc.
- Prescription Medications, including allergy medication, inhaler and epi-pens (**Note:** we cannot administer any medications without signed forms. In the band camp packet you will find a form for administration of OTC medications. There is also space for you to add specific items your student is used to using regularly.)
- Lip balm (Carmex is great for Brass), Gold Bond Powder (if needed during the day)
- Knee and/or ankle braces if needed
- Bug spray, **sun-block**, sunglasses, **sun visor/hat**
- Athletic shoes (athletic shoes with solid sides, toes and back, they should be made of leather or canvas, no vinyl or plastic, new shoes not recommended)
- Extra socks (higher than ankle to avoid blisters)
- Cotton t-shirts and athletic shorts (you will get dirty, hot and sweaty, so bring plenty)
- Raincoat/gear, sweatshirt and/or light jacket if needed.
- Water jug (Igloo Cooler style)
- Modest swimsuit. Bring a towel. We will be swimming on one of the days for camp.
- Compression shorts to protect legs from being chapped. They can be purchased at Target, Walmart, or sporting goods stores. They are worn under mesh or nylon type athletic shorts.

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- Attire - This is an outdoor camp. Dress accordingly. Clothing needs to be cool and appropriate for outdoor athletic exercise. Remember, band camp rehearsals will be warm and outside. You will be doing a lot of athletic activity. Please be aware and prepared (it might be colder when we start and then heat up throughout the day). Dress in layers. We treat band camp the same as any athletic sport practice in the summer that practices outside. Appropriate Athletic wear is acceptable: Tank Tops, Sports Bras, Spandex, Shorts, etc. We do ask that during meals, shirts must be worn.
- Hats - We wear hats at band camp to keep the top of our heads cool and protected from the sun. One change this year that I would really like to try is having a specific color for hats for sections. If you don't have a hat, Walmart sells cheap hats for under \$5 in their clothing section. This will help with visual cleaning from the box.
- **Brass- Red; Woodwinds - White; Percussion - Blue; Guard - Pink; Drum Majors- Black**

DO NOT BRING: drinks (other than initial water bottle), stereos, laptops, tv's or coolers

COME PREPARED FOR HOT WEATHER... ANY WEATHER! (we will rehearse - rain or shine)

All meals are provided and required to be eaten in the appropriate areas (Breakfast and Lunch in the MS Cafeteria and Dinner at the HS); bringing food is not necessary but you can bring a snack if you wish. Think energy snacks, high protein, etc.

You will need khaki pants/shorts/skirt for non-uniform performances. This includes some early season performances and parades.

Important Health Reminder:

To the parents of children with asthma/reactive airway conditions: Please do not forget to pack your child's inhaler, even if he/she hasn't used it in a while. The conditions may include dust, pollens, and other environmental allergens to which your child is sensitive.

RULES/EXPECTATIONS

All meals (breakfast, lunch, and dinner) are REQUIRED. Even if a student doesn't normally eat 3 meals, they are required to get nutrition in them at each mealtime as they are doing physical activity all day.

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No drug, smoking materials, tobacco products, non-prescription drugs, or alcoholic beverages are permitted at band camp (or any Kent City Band function). If any student is found in violation, parents will need to come to camp to pick up student (also school administration will be notified). Student will/may be dropped from the course for this violation.

ABSOLUTELY no hazing permitted.

The chaperones and camp staff MUST be obeyed and treated with respect. They have the same authority as the director.

No band member will leave the campus during the week for any reason until after dismissal. No quick runs home or quick runs to Speedway, etc.

Students are to only be in areas of the school designated for band camp.

No non-band guests should be invited to our rehearsals at camp.

No excuses for tardiness will be accepted. Plan accordingly to be there on time.

ALL PRESCRIPTION MEDICATION should have a form signed by physician for self-administration.

Cellphones at Band Camp - Some students use cellphones for their drill cards during rehearsals. This is not the best way to utilize your drill. It is fine to snap a picture in case you lose your cards, but if you drop your drill card you pick it up off the lot and keep going. If you drop you \$1000 iPhone X on the pavement...your parents won't be happy. Students can have their cellphones with them, but we ask that students stay OFF their phones during rehearsal. Please don't check social media during rehearsal nor check the time. We will get you out on time from rehearsals.

In addition, all rules of Kent City High School, and the Kent City Board of Education rules will be in force during the entire duration of the camp. ANY VIOLATION OF THESE RULES WILL RESULT IN DISCIPLINARY ACTION BY THE DIRECTOR/SCHOOL ADMINISTRATION.

Don't bring anything expensive to camp, if you do, you are bringing it at your own risk.

*****Disclaimer*****

This is our first home camp. We need to be flexible and committed to attending each day prepared and ready to go. We will also make adjustments throughout the week to best suit our students for their learning and safety. Please be flexible with us.

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Agreement to Band Camp Rules

I agree to conform to the camp rules. I realize that any infraction of these rules will result in my dismissal from band camp and subject me to being dropped from the marching band program, (additional fees may be assessed for re-writing of drill). My parents will be required to bring me home the same day as my dismissal. I understand the expectations of behavior and professionalism required of all band members and will do my best to uphold them.

DATE: _____

Student SIGNATURE: _____
(band member)

Grade in 2018/2019: 8 9 10 11 12

Marching instrument/section: _____

T Shirt Size: _____

*I hereby grant permission for my child (full name) _____ to accompany and represent the Kent City High School Band at Band Camp 2018 (Kent City HS). I understand the rules and regulations of the camp as stated and believe that necessary plans and precautions for the care and supervision of the students during the week will be taken. I also understand that if my child breaks any of the rules, he/she will be sent home and I will be required to pick him/her up the same day as the infraction.

*I hereby give permission for images of my child, captured during the 2018/19 season through video, photo and digital camera, to be used solely for the purposes of Kent City Band promotional material and publications and social medias, and waive any rights of compensation or ownership thereto.

*I also grant permission for my child to attend performances off the grounds of Kent City High School (schedule and times available prior to event on www.kentcitybands.com). Performances include but not limited to competitions, concerts, honors bands, rehearsal, trips, etc. throughout the 2018/19 school year.

Parent/Guardian Signature **Date**

Parent's Name(s) (please print): _____

Phone Number: _____

Please initial (if not filled in, we will assume parent is in agreement to water activities):

_____ YES, my child has permission to participate in water activities such as swimming, waterslides, etc.

_____ NO, my child may not participate in water activities

This form is due on July 10 at the mandatory parent meeting.

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Band Camp Typical Daily Schedule - Varies day by day

SUNDAY

2pm - Meet/Attendance/walk zones
 2:30pm - Music Warmup/distribution
 3:15pm - Basics
 4:30pm - Set opening drill

MONDAY

7:15am - Meet/Attendance
 7:30am - Breakfast at MS
 8am - At the Lot
 - Stretching with Drum Major's
 - Morning Rehearsal Block - Basics/Drill/Music
 11:45am - Lunch at MS
 12:45-1:45 - Daily Activity: Kickball
 2-4pm - Sectionals
 4-5pm - Concert Rehearsal
 5pm - Dinner
 5:45-9pm - Evening Rehearsal

TUESDAY

7:15am - Meet/Attendance
 7:30am - Breakfast at MS
 8am - At the Lot
 - Stretching with Drum Major's
 - Morning Rehearsal Block - Basics/Drill/Music
 11:45am - Lunch at MS
 12:45-1:45 - Daily Activity: Commercials
 2-4pm - Sectionals
 4-5pm - Concert Rehearsal
 5pm - Dinner
 5:45-9pm - Evening Rehearsal

WEDNESDAY

7:15am - Meet/Attendance
 7:30am - Breakfast at MS
 8am - At the Lot
 - Stretching with Drum Major's
 - Morning Rehearsal Block - Basics/Drill/Music
 11:45am - Lunch at MS
 12:45-3pm - Sectionals
 3:15-4:30pm - Swimming
 4:45-5:15pm - Concert Rehearsal
 5:15pm - Dinner
 5:45-9pm - Evening Rehearsal

THURSDAY

7:15am - Meet/Attendance
 7:30am - Breakfast at MS
 8am - At the Lot
 - Stretching with Drum Major's
 - Morning Rehearsal Block - Basics/Drill/Music
 11:45am - Lunch at MS
 12:45-2:45 - Daily Activity - Watch Movie
 2:45-5pm - Sectionals
 5pm - Dinner
 5:45-9pm - Evening Rehearsal
 9:15-9:45pm - Concert Rehearsal Inside
 OPTIONAL - DCI Viewing in band room or auditorium
 9:22 Pacific Crest - Diamond Bar, CA
 9:39 Spirit of Atlanta - Atlanta, GA
 9:56 Oregon Crusaders - Portland, OR
 10:13 Blue Stars - La Crosse, WI
 10:30 Madison Scouts - Madison, WI
 10:47 Boston Crusaders - Boston, MA

FRIDAY

7:15am - Meet/Attendance
 7:30am - Breakfast at MS
 8am - At the Lot
 - Stretching with Drum Major's
 - Morning Rehearsal Block - Basics/Drill/Music
 11:45am - Lunch at MS
 12:45-2:30pm - Final Sectional
 2:30-3pm - Final Concert Rehearsal Inside

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Theme Days - Must be dressed in theme at morning rehearsal (stretching) or sectionals:

Sunday-Shady Sunday. Wear your favorite pair of sunglasses and/or your favorite hat!

Monday-Marvel Monday. Aka, superhero day. Dress up as your favorite superhero!

Tuesday-'Merica day. Back by popular demand! Dress up in your red, white and blue!

Wednesday-Waikiki Wednesday. Aka, Hawaiian day. Dress up in your Hawaiian shirts, grass skirts and leis!

Thursday-Dress Up As Your Favorite Staff Member Day. Choose any staff member and dress up like them!

Friday-Section Day. Show your section pride by repping your section gear. If you don't know what you are doing for section day, ask your section leader

ZONES:

Homebase:

Woodwinds - JJ Classroom

Brass - Back of Auditorium

Percussion - Choir Room

Guard - Gym/NW Corner

Staff: Cafeteria

Inside Rehearsal Zones:

Woodwinds - JJ Classroom

Brass - Auditorium

Pit - Band Room

Battery - Choir Room

Guard - Gym and Wrestling Room

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BOX 7 CHALLENGE:

What is it? A way to get ourselves physically fit and ready for the season. Injury prevention.

Why? Marching band is athletic, we need to treat our bodies as athletes do and do appropriate cardiovascular preparations.

Details:

- 1) 7 glasses of water a day
- 2) 7 hours of sleep a night
- 3) 7 minutes of intense walking or running a day
- 4) 7 reps of 7 push-ups
- 5) 7 planks as long as you can
- 6) 7 reps of 7 sit-ups or 7 reps of 7 burpees
- 7) 7 reps of milk jugs hold (as long as you can)

Marching Health Partnership:

Welcome to Marching Health. We help marching performers move better so they can perform at their highest level when it matters most.

WHAT IS MARCHING HEALTH? (from www.marchinghealth.com)

From the first time I saw a drumline perform live I was hooked. Since then, marching music has been one of my passions. Whether it be marching band, DCI, or WGI, the marching arts have something special about them that fuels my creativity.

Unfortunately, throughout my years of marching and teaching I have seen too many individuals and ensembles fail to reach their potential due to a lack of physical preparation. Deconditioning, injury, and poor health choices are often to blame. This is not due to the fault of the musicians as much as it is a lack of education and proper planning for the season.

Seeing this drove me to pursue my Doctor of Physical Therapy. Now I can give back to the musical activity that has given my life so much joy. By being educated on how you should prepare your mind and body for performance, you can achieve a healthier version of yourself. Thank you for joining me on this journey to transforming the marching arts.

Dr. Elliot Cleveland, Owner of Marching Health

Marching Health Workout Disclaimer

Marching Health, LLC actively promotes health and wellness in the marching arts, but recognizes that accidents may occur given the physically demanding nature of the activity. Marching Health, their staff, and their sponsors are not held responsible for any injuries or harm that may occur with participation in self-guided workouts.

Marching Health and their staff are not providing medical advice through these workouts. Those choosing to utilize the Marching Health workout programs should consult with their physician prior to doing so. This ensures the individual is healthy enough to participate in the exercise program.

This disclaimer shall be construed broadly to provide a release and waiver to the maximum extent permissible under applicable law.

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